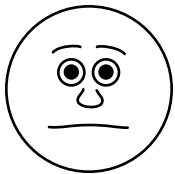




0



1



2



3



4



5

Visual Analog Scale



To the Clinician:

This visual analog scale (VAS) may be used as a quick and easy method by which to prescreen for depression. A VAS for depression provides an adequate global measure of severity in clinical practice. However, a VAS for depression may give a less sensitive measure of change in depression than more complex instruments. Formal assessment should follow to confirm a diagnosis of depression.

How to Use:

Explain to the patient that each face stands for an amount of depression. Face 0 is very happy because she does not have any depression. Face 1 is depressed just a little bit. Face 2 is slightly depressed. Face 3 is moderately depressed. Face 4 is very depressed. Face 5 is extremely depressed. Ask the patient to please point to the face that is most like her in the last two weeks.