

Selected Medications for the Treatment of Depression

The list of antidepressant medications presented here is not comprehensive. Some side effects are described below. Medication information is constantly being updated. To stay informed about a medication's use, dosing, label changes, and warnings please refer to the FDA, PDR, newer textbooks, package inserts, or on-line service.

SSRI (Selective Serotonin Reuptake Inhibitors)

Generic Name	Trade Name	Initial Dose	Max Daily Dose	Weight Gain	Sexual Dysfunction	GI Effects	Sedation
citalopram	Celexa	10-20mg AM	60mg	Mild	Moderate	Moderate	Mild
escitalopram oxalate	Lexapro	10mg AM	20mg	Mild	Moderate	Moderate	Low/Mild
fluoxetine	Prozac	10-20mg AM	80mg	Mild	Moderate	Moderate	Low/Mild
fluvoxamine	Luvox	25-50mg HS	300mg	Mild	Moderate	Moderate	Mild
paroxetine	Paxil	10-20mg AM	60mg	Mild	Moderate	Moderate	Mild
sertraline	Zoloft	25-50mg AM	200mg	Mild	Moderate	Moderate	Mild

Newer and Multiple Receptor

Generic Name	Trade Name	Initial Dose	Max Daily Dose	Weight Gain	Sexual Dysfunction	GI Effects	Sedation
bupropion	Wellbutrin	150mg AM	300mg	Low/Mild	Low/Mild	Mild	Low/Mild
duloxetine	Cymbalta	30mg AM	90mg	Low/Mild	Low/Mild	Mild	Mild
mirtazapine	Remeron	15mg HS	60mg	High	Low/Mild	Low/Mild	High
trazodone	Desyrel	50mg HS	600mg	Mild	Moderate	Mild	High
venlafaxine	Effexor	37mg AM	225mg	Low/Mild	Moderate	Moderate	Low/Mild

Tricyclics*1

Generic Name	Trade Name	Initial Dose	Max Daily Dose	Weight Gain	Sexual Dysfunction	GI Effects	Sedation
amitriptyline	Elavil	10-25mg HS	300mg	Moderate	Mild	Low/Mild	Moderate
clomipramine	Anafranil	10-25mg HS	300mg	Moderate	Mild	Mild	Moderate
desipramine	Norpramin	10-25mg HS	300mg	Mild	Mild	Low/Mild	Low/Mild
doxepin	Sinequan	10-25mg HS	300mg	Moderate	Mild	Moderate	Moderate
imipramine	Tofranil	10-25mg HS	300mg	Moderate	Mild	Low/Mild	Moderate
nortriptyline	Pamelor	10mg HS	150mg	Mild	Mild	Low/Mild	Mild

MAOIs*2

Generic Name	Trade Name	Initial Dose	Max Daily Dose	Weight Gain	Sexual Dysfunction	GI Effects	Sedation
isocarboxazid	Marplan	20mg HS	60mg	Moderate	Moderate	Mild	Low/Mild
phenelzine	Nardil	15mg HS	90mg	Mild	Moderate	Mild	Mild
selegiline transdermal	EMSAM	6mg/24 hrs	12mg/24 hrs	Low/Mild	Low/Mild	Low/Mild	Mild
tranylcypromine	Parnate	10mg HS	60mg	Mild	Moderate	Mild	Mild

*1 Tricyclic medications are lethal in overdose. Serum levels are important to ensure treatment medication levels are within the therapeutic range. This drug class has a number of associated anticholinergic side-effects.

*2 Serious and potentially fatal adverse reactions may occur with concurrent use of other antidepressants. Potentially fatal reactions can occur with food products containing tyramine (cheese, beer, etc.).

This chart has been adapted from numerous sources including the Massachusetts Medical Society *Classification, Doses, Safety and Side Effects of Antidepressants* chart, Physicians Desk Reference, and the Food and Drug Administration Web Site - www.fda.gov.